

# B O D Y S H A M A N I S M

~ The Invocation ~

## Exploring the Voices, Breaths and Movements of Continuum as a Transformative Process



### 3-day Continuum Workshop with Volker Moritz

1-3 July 2022 (Friday 18-21 h; Sat + Sun 10-17 h)

Amsterdam, 'De Ruimte', Weesperzijde 79 a

Exploring connection, expression and communication of Spirit through body and movement. Increase the awareness and capacity of yourself as fluid being. Re-connect with *Life* as inner knowledge and guide. Spirit connection in its origin, before the cultural form.

More info and registration: [vw.moritz@gmail.com](mailto:vw.moritz@gmail.com), +31640719271

- Learning sounds and movements that are new to us, but ancient, feeling like 'home' to our system. Using Continuum and the fluid resonant field to change time and space.
- Species inclusive movement as a way of communicating: becoming the amoeba, expanding the tentacles of the octopus, sensing your tail, claws, jaws, wings...
- Neuroplasticity through increased sensing, allowing brain development and trans-rational understanding
- Re-umbilicalize the body-earth-galaxy connection. Receiving information from and through the body/earth/sun/moon/star systems.
- Allowing the *emerging unknown* to feed and nourish us, embarking on a journey of creative expression, health, vitality.

**Costs:** € 300,- (If money is in any way a problem, please contact the organizer)

*This workshop is for all people, no matter what color, gender, weight, shape, age, body or health you bring. Experience in Continuum or shamanism is not required.*

**Volker Moritz** (born in South Africa, 1971) works as psychologist, sexologist and bodyworker in Amsterdam and at Schweibenalp, a power place in the Swiss Alps.

For more than 25 years, he has been researching various forms of physical and spiritual healing, including the bodywork & healing art from the Maoris of New Zealand, shamanism from Siberia, Native America and South Africa. He loves teaching worldwide the liberation of our body, to regain inner connection, and trust in the power of nature.



[www.volkermoritz.com](http://www.volkermoritz.com)